

## PRIVATE SESSIONS

**DATES:** Thursday, October 19, 2006 through Monday, October 23, 2006

**TIME:** 8 am - 6 pm

**LOCATION:** 4256 Oakmede Lane, White Bear Lake, MN 55110

**PRICES:** \$40 --  $\frac{1}{2}$  hour; \$85 -- 1-hour; \$105 -- 1.5-hour.

A sliding scale of \$65 - \$85 is available upon request, for 1-hour sessions.

To schedule your session, call Jane @ 505-570-1208, or email her at the address given at the bottom of each web page on her website.

Your private session with Jane Ellen may be designed in several different ways, depending on your preferences.

- ❖ You may choose to focus the entire time on an **Intuitive Reading & Coaching** session, or
- ❖ You may choose to focus the entire time on a **Flower Essence Consultation** or **Support Session** if you are already working with a personal blend, or
- ❖ You may choose to focus  $\frac{1}{2}$  the time on an **Intuitive Reading/Coaching** session, and  $\frac{1}{2}$  the time on a **Flower Essence Consultation** or **Support Session**.

If this will be your first scheduled session with Jane, and you are choosing to combine both an Intuitive Reading and a Flower Essence Consultation, it is suggested that you book a 1.5 hour session.

## INTUITIVE READINGS & COACHING SESSIONS

Those who receive Jane's **Intuitive Readings & Coaching** want to develop a deeper understanding and meaning to events, patterns, and relationships that are calling for attention in their lives. Through a gentle dialogue involving questioning, prompting, and reflecting, Jane supports them in clarifying their intentions and working with what is presented. She compassionately guides clients in the process of bringing self-awareness by creating room for richer understanding and insight. Sessions are tape-recorded and are free of predictions and advice giving, allowing clients to deepen into their relationship with Self. Jane has been practicing Intuitive Readings for 15 years and has been a guest speaker on Intuition at Macalester College in St. Paul, Minnesota. She received 2.5 years of training after realizing she came into this world with a strongly developed Intuitive Nature.

## FLOWER ESSENCE CONSULTATION

The essence of Jane's work, like the essence of the flowers, gently brings forth deep awareness within the client. She facilitates self-discovery in an environment that is grounded while respecting the Mystery--allowing room for creativity to blossom. Her 'selection method' involves an in-depth dialogue in which she assists clients in the process of defining their intentions. This dialogue, combined with her research, her experience, and her intuition, enables her to offer the most appropriate flower essence(s) to support the deep level of change the client is invoking.

Flower essence therapy is a form of profound support to one's personal and spiritual development, soul-growth, and emotional and physical well-being. Jane's approach in one-on-one sessions is sensitive and non-invasive. As each client moves through the natural rhythms and cycles of Nature within

themselves, an opportunity for clarification and integration takes place that nurtures one's truest expression and essence.

Jane has been trained in the use of flower essence therapy through the Practitioner Training Program with the Flower Essence Society (FES), and is currently involved in their Certification Program. She is listed on the FES web site in their Practitioner Referral Network, and her Plant Study on White Yarrow is featured on their web site.