

THE 25TH ANNUAL SOUTHWESTERN COLLEGE TRANSFORMATION & HEALING CONFERENCE

Workshop: Introduction to Flower Essences

Date: Wednesday, August 23, 2006

Time: 2 pm – 5 pm

Location: Southwestern College, 3960 ABC San Felipe Road, Santa Fe, New Mexico

Cost: \$35

Healing Through Therapeutic Arts is the theme of this 25th Annual Transformation and Healing Conference presented by Southwestern College.

Flower Essences have been used since the 1930's as a form of profound support to one's personal and spiritual development, soul-growth and overall well-being. Through an experiential exercise, participants will track the subtle yet powerful energetic shifts within themselves and their environment as they each receive one dose of the same Flower Essence. Jane will introduce a variety of applications for Flower Essences, with emphasis on their use in identifying underlying issues and life lessons.

Note: Flower Essences are different than the Essential Oils of Flowers.

To register for this class: call **505-471-5756**, or visit: **www.swc.edu**

Jane Ellen is an Intuitive and a Registered Polarity Practitioner. She also draws from her background in Hakomi Integrative Somatics for trauma recovery; mediation; and non-violent communications. She completed the Practitioner Training with the Flower Essence Society, and teaches classes on Self-Care with Flower Essences in the Massage Program at the Scherer Institute of Natural Healing, as well as offering classes on Flower Essences in their Continuing Education Program.