

**2006 CONTINUING EDUCATION
THE SCHERER INSTITUTE OF NATURAL HEALING**

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**AN INTRODUCTION TO FLOWER ESSENCES
&
IN-DEPTH FLOWER ESSENCE THERAPY**

Dates: July 22—23, 2006

Time: 9 am - 4 pm

Fee: \$210

CE Hours: 12

Flower essence therapy is a form of profound support to one's personal and spiritual development, soul-growth, and emotional and physical well-being. This class is designed for those of you who are interested in learning about the blessed gift of flower essences as a subtle and powerful tool for deepening relationship with oneself, with others, and with the world around you.

**COME JOIN IN THE JOY AND WONDER OF DISCOVERING
HOW TO WORK IN-DEPTH WITH FLOWER ESSENCES.**

Class includes information on how flower essences work; how to choose the most appropriate essences; the how-to, and importance of, creating a 'harmonious' blend; what you might expect while working with a specific essence or blend of essences for several 28-day cycles vs. short-term use; how to enhance their effects; an introduction to the four distinct stages of

transformation during flower essence therapy; and learning several different options for supporting and moving through times when the 'patterns of imbalance' are most at the forefront. Handouts are included and time is reserved for your questions to be responded to.

Instructor: Jane has been trained in the use of flower essence therapy through the Practitioner Training Program with the Flower Essence Society (FES), and is currently involved in their Certification Program. She is listed on the FES web site in their Practitioner Referral Network, and her Plant Study on White Yarrow is featured on their web site. Jane has twice been a guest lecturer on INTUITION at Macalester College in St. Paul, Minnesota, is a Registered Polarity Practitioner, and also draws from her background in mediation, non-violent communications, and Hakomi Integrative Somatics for trauma recovery.