

2008 CONTINUING EDUCATION THE SCHERER INSTITUTE OF NATURAL HEALING

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FLOWER ESSENCES FOR SOULFUL TRANSFORMATION—AN INTRODUCTION TO FLOWER ESSENCES AND IN-DEPTH FLOWER ESSENCE THERAPY

16 CE HOURS with Jane Ellen

Dates: Saturday and Sunday, August 30—31, 2008

Time: 9 am to 6 pm

Fee: \$250

Flower Essence Therapy is a form of profound support for one's personal and spiritual development, soul-growth, and emotional and physical well-being. This class is designed for those of you who are interested in learning about the blessed gift of Flower Essences as a subtle and powerful tool for deepening relationship with oneself, with others, and with the world around you. Participants will be introduced to how Flower Essences work; the importance of creating a 'harmonious' blend; the difference between receiving a personal blend for several 28-day cycles vs. short-term use; an introduction to the four distinct stages of transformation during flower essence therapy; and learning several different options for supporting and moving through times when the 'patterns of imbalance' are most at the forefront. This class includes a demonstration on how to skillfully choose a deeply personalized blend. Beautiful handouts are included, and time is reserved for your questions to be thoroughly responded to. **Note:** Flower Essences are different than the *essential oils* of flowers. They are liquid drops, receive orally, and are fragrance-free.

Instructor: Jane Ellen received her training in Flower Essence Therapy through the Practitioner Training Program with the Flower Essence Society (FES) in 2003, and is currently involved in their Certification Program, focusing her case study work on Flower Essences and the hospice community. Her plant study on White Yarrow is featured on their website, as well as a narrative on her "Flower Essence

Selection Process with Clients.” An article titled, “The Use of Flower Essences in Hospice Care” reflects the results of the Flower Essence program she set up with the Medical Director of Windber Hospice in Pennsylvania. Jane draws from her background in polarity therapy, mediation, non-violent communications, and Hakomi Integrative Somatics for trauma recovery.

“Wow! I feel blessed to have spent two days learning from you, Jane...listening, observing and in conversation. Thank you for sharing your gifts.” A.R. – 2006 Scherer Institute CE Program Participant

“This was a beautiful healing way to spend my weekend.” M.H. – 2006 Scherer Institute CE Program Participant